

Resources on Freezing Fruits and Vegetables & Making Jam and Jelly

Freezing Fruits and Vegetables

www.foodsafety.wisc.edu – See Topics A-Z – Freezing Fruits and Vegetables

- **For a Fresh Taste of Summer Year Round, Try Freezing Garden Produce** – A short fact sheet with recipes for freezing both fruits and vegetables
www.foodsafety.wisc.edu/assets/pdf_files/freezing_produce_pdf.pdf
- **Preserve Summertime's Best Flavor by Freezing Fresh Fruit** – Includes recipes for freezing fruits
www.foodsafety.wisc.edu/consumer/fact_sheets/freezingfruit.pdf
- **Delicious Frozen Corn Year Round** – Fact sheet with recipes
www.foodsafety.wisc.edu/consumer/fact_sheets/Corn.pdf
- **How do I...Freeze Food?** National Center for Home Food Preservation
www.uga.edu/nchfp/how/freeze.html
- **Freezing Fruits and Vegetables** (B3278; 2008) - learningstore.uwex.edu/pdf%5CB3278.pdf
- **Preserving Food: Freezing Fruit** – University of Georgia
www.uga.edu/nchfp/publications/uga/uga_freeze_fruit.pdf
- **Preserving Food: Freezing Vegetables** – University of Georgia
www.uga.edu/nchfp/publications/uga/uga_freeze_veg.pdf

Making Jams, Jellies and Fruit Preserves

- **Jellied Products without Added Sugar** – University of Georgia
www.uga.edu/nchfp/publications/uga/JelliesWithoutSugar.pdf
- **How do I...Make Jam and Jelly?** National Center for Home Food Preservation
www.uga.edu/nchfp/how/can7_jam_jelly.html
- **Making Jams, Jellies & Fruit Preserves** (B2909) learningstore.uwex.edu/pdf%5CB2909.pdf
- **Make Jam this Summer with Your Bounty of Fruit** – Fact sheet with recipes
www.foodsafety.wisc.edu/consumer/fact_sheets/jam.pdf
- **Preserve Foods: Jams and Jellies** – University of Georgia
www.uga.edu/nchfp/publications/uga/uga_jams_jellies.pdf