Happy New Year,

I want to start out thanking every one for all the help at the Quilt Show. The show was a success and is still being talked about.

We will be having a meeting in January to decide whether to have one again in November.

I look forward to working with all of you over the next year.

Thanks to Lois for her hard work the last two years as county president.

Linda Biese
President, OHCE

Special Note:
The UW-Extension office has gone to an automatic door locking system. The doors are unlocked from the hours of 8:00 a.m. to 4:30 p.m. Monday through Friday. If you come after hours and the door is locked, please ring the door bell.
Dear HCE Friends,

Another new year! New opportunities to reach our hopes and dreams.

We all hope to have good relationships— thriving marriages and families, close friendships, and well functioning teams at work. And yet, along the way . . . life happens. We all encounter conflict and disagreements. We don’t all see life through the same lens. Despite our best intentions, we bump into conflict quite regularly.

Our recent topic was on building good relationships. That lesson gave me some food for thought and more to contemplate. Have you done the journaling questions that were asked in the packet? So often life passes us by and we barely know what has happened. Enjoy the richness that life has to offer.

I want to congratulate everyone that had a hand (and needle) in the successful quilt show! People are still talking about it. It was well organized and I think everyone was pleased with the attendance. It was so heartwarming to see everyone working together toward a common goal. I saw real team work in action. My hat is off to all of you! Think about the rich relationships that are a part of your life, cherish the memories and plan for an even richer future.

Wishing you all the best in 2015.

Sincerely,

Karen M. Dickrell
Family Living Educator, Advisor, Dept. Head

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**Calendar**

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<th>Date</th>
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| Jan. 15 | 1:00 p.m. | “Banking Safety and Fraud,” Town of Center  
Program by BMO Bank of Black Creek  
*Hosted by Country Apples. Please call the Extension office by January 15 if you are not a member of Country Apples so we know how many people to plan for.* |
| Jan. 19 | | HCE Newsletter deadline |
| Jan. 30 | | Pre-registration due for “Cancer Clear and Simple” |
| Feb. 5 | 11:30 a.m. | Newsletter Committee, UW-Extension, Brewster St.  
(Snow date is February 6, 2015) |
| Feb. 5 | 1:00 p.m. | “Cancer Clear and Simple,” UW-Extension, Brewster St. |
| Feb. 14 | 8:00 a.m. | JOY Conference, Fox Valley Lutheran High School  
Registration |
| Feb. 14 | 9:00 a.m. | Conference |
| Mar. 4 | 11:00 a.m. | Executive Board Meeting and Pizza will be ordered in  
UW-Extension, Brewster St. |
| Mar. 4 | 1:00 p.m. | “Bees in Your Bonnet,” UW-Extension, Brewster St. |
| Mar. 28 | | “Garden Expectations,” Program by Outagamie County Master Gardeners  
Liberty Hall, Kimberly |
We have started our seventeenth year in the Wisconsin Bookworms program. Since starting in 1997, we have gone from reading and giving books to 22 children a year up to 335 a year. Our members have worked hard to promote and make money to pay for the books for our program. Our Wisconsin Bookworms program gets books to children (3 to 5 years old) of low-income families. The Head Start teachers, parents, and children appreciate all our efforts on their behalf.

We want to acknowledge all the donors for the 2014 and 2015 book program: the Catholic Financial Life Chapter 188 of Greenville, Shiocton, Hortonville and Stephensville area. The Oneida Nations, Outagamie County 4-H Leaders Association, Golden K Kiwanis/Appleton, Greenville Lioness, Hortonville Lions, American Legion Auxiliaries of Black Creek, Hortonville, Kimberly, Seymour and the New Horizons 4-H Club. We especially want to thank Sharon Reynolds for doing the Stanley/Watkins fund-raiser with us and we received a percentage of the sales.

We are in need of ideas for fund-raisers and who we could contact for help or donations. We have worked hard the past years and want to continue this worthwhile early literacy program.

Our major fund-raiser is a quilt raffle with first prize, a Madame Butterfly quilt donated by Lois Dalke. If you have something to donate, contact Judy or Marcie. The raffle tickets will be given to your club president in January for each member of their club. If you need more tickets, contact Carol Theobald at 984-3344, Linda Biese at 833-2618 or Marcie Suprise at 757-5407. The stubs and money are due back by the Spring Association meeting in April. The drawing will be held at the HCE Banquet on May 4, 2015 at the River Rail in Shiocton.

Wisconsin Bookworms™ County Coordinators Judy Asman, 766-5578 and Marcie Suprise, 757-5407

We are working on cards, calendar books, walker bags, etc. We plan on working the 1st and 3rd Wednesdays of the month. If interested call Linda Biese at 920-833-2618.

I wanted to share this with you so you have the information to share with your counties at your fall meetings. I apologize if you have already had your fall get-together. You can begin to share this now. I am still working on the challenge guideline for next year, and will share that information with you as soon as I can get it all together.

For now, let your counties know that in recognition of the WAHCE’s 75th anniversary next year, we would like to celebrate the women who have made HCE what it is today. The way that we are going to do that is to honor those members with over 55 years of membership in HCE. We will do this at the state conference in 2015, in Steven’s Point. If your clubs have a member or members who have been in HCE for over 55 years, please have them contact either yourself, as the District Chair, or myself directly with those names. Please let me know of any names that you receive. I will, in turn, let you and them know the details of what information we will need for the presentations at state conference. I am still working on those details.

If you have any questions, let me know. I will be in touch as the guidelines are formulated.

Thanks,
Kristy Sand
Fall Festival of Quilts was held on November 8, 2014 at the Starlite Club in Kaukauna, Wisconsin. We had 110 quilted items on display. There were nine vendors and three non-profit booths. On display were quilts of all sizes, small wall hangings, pillows, purses, table runners, etc. Also, HCE had on display the walker bags, heart pillows, dementia blankets, 3-sided pillows, pillowcases, lap robes, etc. that are made and donated locally.

Twelve of the quilts on display were made by our members and will be donated to several local organizations. We have several friends and neighbors who also help out.

Five honor quilts were displayed and after the show four of them were presented to four local veterans at the American Legion banquet in Seymour, Wisconsin on Saturday evening November 8. The recipients were Ollie Lerum, Robert Court, along with Josh and Jason Busch.

When our guests checked in, they were given a Viewers Choice slip in which they could vote on heir favorite quilt. We had two winners. First place was Dorothy Krull with her Legacy Star quilt. Dorothy Krull said, I am 81 years old and this is my first quilt. The pattern was given to me by my daughter-in-law, Luann Krull. It was sewn on my 35-year old Elna. I enjoyed it and, hopefully, will do more quilting. I choose an all-over quilting design and thread to finish it (curly Q). Second place was County Blooms quilt by Rose Biese. This quilt features an array of flowers with a country flair. Birds and butterflies grace the scene.

The youngest person to display her work was five year old Lily Swan of Suamico. Lily had her first quilt block in a quilt she is working on called Grandma’s Scrap Box. She also displayed her first completed quilt called, Daisies One for You and One for Me. Lily commented, Grandma Lou helped me and quilted it for me.
Thank You’s

I would like to thank all the wonderful people who helped me during my presidency, but space here is limited. We have so many members who volunteer daily. Keep up the good work!

We need more members so, "Each one, Reach One” and bring in more members.

Thanks again,
Lois Dalke

Quilt Show committee would like to thank everyone who helped with the show. All of our HCE members; our Advisor, Karen Dickrell; Support Staff, Mary Lou Senf; our families and friends; vendors; exhibitors; Anita Schueller (quilt rack) and the staff at the Starlite club. We chose the date because it is WHCE week statewide. We hope everyone enjoyed the show.

The Quilt Committee

Feature Article

Was There Ever a Real Betty Crocker?

Betty Crocker has been a trusted kitchen friend for over seventy years. Her face has adorned flour and cake mix products for decades and has become associated with quality baking. Betty’s familiar persona was, however, created as a public relations aid by a 1920s milling company. A Forerunner of General Mills, Inc., the Washburn Crosby Company ran a sales promotion for Gold Medal Flour in 1921. They offered consumers a pincushion shaped like a sack of flour if they could complete a jigsaw puzzle of a flour milling scene. Thousands of entries poured in and many of them with questions concerning baking problems.

A man named Sam Gabe, the company’s advertising manager, though it would be appropriate for a woman to answer the letters. Taking the last name of a recently retired company executive, William G. Crocker; and a friendly sounding first name, Betty, a fictitious name was created to sign the responses to inquiries.

A woman from the company with nice handwriting was chosen to sign “Betty Crocker” started doing food service programs on the radio. By 1936, Betty was so popular that a face was needed to go with the created persona. A portrait was commissioned from the prominent New York artist, Neysa McMein. In the portrait, McMein blended the facial characteristics of several of the women working in the company’s Home Service Department into a motherly image, which was used for nearly 20 years.

Betty has changed over the years. In 1955, she was repainted into a softer, smiling version of the original image. She was modernized again in 1965 and 1968. In 1972, to placate the growing feminist movement, Betty because more businesslike and stiff looking, more like an accountant than someone you would expect to find in the kitchen baking brownies. Her image was softened again in 1980 to picture someone all women would identify with.

While she has changed dramatically over the years, a few things have stayed the same: Betty has always had dark hair, blue eyes, and a red dress. Apparently men don’t buy those products, or Betty would have been buxom, blond and in a red bikini.

(This article was published in the book of “Totally Useless Information” by Don Voorhees)
Newly Accepted Items:

**Cartons:**
- Milk
- Soy Milk
- Juice
- Cream
- Egg Substitutes
- Broth
- Soup
- Wine
- Etc.

**Produce, Bakery & Deli Containers:**
- Berry
- Donut
- Potato Salad
- Dips
- Etc.

**Dairy Containers:**
- Yogurt
- Margarine
- Cottage Cheese
- Sour Cream
- Etc.

www.RecycleMoreOutagamie.org
Tri-County Recycling Guidelines

PLASTIC:

ACCEPT
All Plastic Bottles & Containers:
- Soda, Water & Other Drink Bottles
- Food & Household Bottles, Jars and Jugs
- Dairy Containers & Lids
- Produce, Bakery & Deli Containers

DO NOT ACCEPT
- No Plastic Bags, Wrap or Film
- No Motor Oil Bottles
- No Styrofoam

GUIDELINES:
- Empty and rinse all bottles and containers
- Remove and discard all screw caps

PAPER:

ACCEPT
- Newspapers & Inserts
- Cardboard & Paperboard (cereal & cracker boxes)
- Junk Mail & Office Paper
- Milk, Juice & Soup Cartons
- Phonebooks, Books, Magazines & Catalogs

DO NOT ACCEPT
- No Paper Contaminated by Food or Grease
- No Tissue
- No Gift Wrap

GUIDELINES:
- Flatten and cut cardboard to no larger than 2' X 2'
- Place shredded paper in paper bag, secure and label

METAL AND GLASS:

ACCEPT
- Aluminum Bottles & Cans
- Steel, Tin & Bi-metal Cans
- Empty Aerosol Cans
- Food & Beverage Glass Bottles and Jars

DO NOT ACCEPT
- No Aluminum Pans or Foil
- No Empty Paint Cans

GUIDELINES:
- Empty and rinse all bottles and containers
- Remove and discard all screw caps
40th Annual Joy Conference

Information

Date: Saturday, February 14, 2015

Time: 8:00 a.m. - 2:15 p.m.

Fee: $35.00

Place: Fox Valley Lutheran High School
5300 North Meade St.
Appleton, WI 54913-8383
http://fvlhs.org

Joy Committee Members
John Biese
Cynthia Chase Whitely
Mary Harp-Jirschele
Elaine Lamers
Gerry Welch
Karen Dickrell, Chairperson

For Further Information Contact:
Karen Dickrell or Mary Lou Senf
Family Living Programs
(920) 832-4763
or
visit our website at:
http://outagamie.uwex.edu

Please advise us at time of registration if you are handicapped and desire special accommodations. Requests will be kept confidential.

Special diet requests need to be made by January 26, 2015

THE MAP BELOW IS FOR YOUR CONVENIENCE IN LOCATING THE FOX VALLEY LUTHERAN HIGH SCHOOL

The FVL campus is located between the Richmond Street (Highway 47) and Ballard Road exits of Highway 41 on Meade Street. Take either Richmond (Highway 47) or the Ballard Road exit and drive north to Edgewood Drive (County Highway JJ). From Richmond (Highway 47), turn east and proceed to the next stoplight to reach the school. From Ballard, turn west and the school entrance will be on the north side of the road before the stoplight on Meade Street.

UW-Extension provides equal opportunities in employment and programming, including Title IX requirements.

UW Extension Outagamie County

Join us at this year's Joy Day
February 14, 2015
RESERVATION FORM

Don’t miss the 40th annual Joy Conference! We welcome anyone interested in everyday joy!

To register, fill out and mail this form to:

Attn: JOY
UW-Extension Outagamie County
3365 W. Brewster Street
Appleton, WI 54914-1602

Please enclose a registration fee of $35 (which includes cost of conference and luncheon). Make check payable to Joy Conference. Enrollment is limited. Your registration is your confirmation: we do not issue tickets. The conference will be held regardless of weather. We reserve the right to cancel due to lack of enrollment. Refunds will not be made after January 26, 2015. You may transfer registrations. Phone registrations are not accepted. Register early to secure your spot.

Name_____________________________________
Address___________________________________
City/State__________________________________
Zip Code_______________________________
Phone____________________________________
e-mail____________________________________

Check to request certificates:
☐ Registry hours for child care providers
☐ Continuing Ed hours for educators

Indicate special diet and/or handicap accommodations

Walk-in registrations on February 14 will not be accepted.

Special Diet Requests need to be made by January 26

Your registration is your confirmation.
We do not issue tickets.

Feel free to call the UW-Extension office to confirm your registration at (920) 832-4763

You may duplicate this form. One registration per form, please.
Your program materials will be available at the registration table on the day of the conference.

Celebrate Joy!
1976-2015
Celebrating 40 Joy Conferences and looking forward to our future

Fox Valley Lutheran High School
5300 North Meade St.
Appleton, Wisconsin 54913

Organized by
MEMBERS OF THE
JOY COMMITTEE

SCHEDULE

*8:00-9:00 a.m. Registration
9:00 a.m. Welcome
9:10 a.m. Don’t Throw Tomatoes at My Field of Dreams
10:25 a.m. Stretch Break
10:45 a.m. Half Full of It
12:00 p.m. Lunch
1:00 p.m. Batteries Not Included
2:15 p.m. Closing Comments

* Continental breakfast available at your expense

CONFERENCE SPEAKERS
Saturday, February 14, 2015

Don’t Throw Tomatoes
at My Field of Dreams
Jane Jenkins Herlong, C.S.P.

Laugh and be entertained by humorist, singer and best-selling author Jane Jenkins-Herlong. Her presentations will share life skills helping folks laugh all the way to increased performance and productivity. From the rows of a South Carolina tomato field to the runway of a Miss America Pageant and beyond, she is here to help you work smart, laugh often and live your dream.

Half Full of It™
Activating Optimism and Other Hard Core Soft Skills
Tami Evans

Are you a bit rusty on relationship skills, a little crunchy on communication concepts and pooped out on positivity? Discover new motivation moments, communication concepts, healthful hints, relationship recommendations, self-confidence clues and activate your optimism. Tami will help you laugh your glass half full and set you on a renewed path for a happier, healthier and more productive life.

Batteries Not Included
Bobbie Staten, C.S.P.

A presentation designed to give you the “jump-start” you’ve been missing. Charge your battery while you laugh and learn to work smart, work together, and most importantly, fall in love with life again. This program will leave you laughing, thinking, reflecting, and growing. When you have your health, family, and priorities balanced, life just seems to fall into place. Learn to use laughter to let out little puffs of pain.

Indicate special diet and/or handicap accommodations